

Summer Challenges

Collect extra Children's University credits during your summer holidays by completing these challenges. Each activity is worth 1 credit when you end evidence of your activity to CU@uwe.ac.uk for the stamp code. This could be a photograph, video, worksheet, or writing about what you did.



ICE CREAM

Cool off this summer by making your own ice cream.

Follow the recipe here:

<https://tinyurl.com/CUicecreamrecipe>

PICNIC TIME

Whether you go to a park or into the back garden, pack a picnic lunch or snack and enjoy the outdoors with family and friends.

£5 FAMILY FEAST

Help plan, budget, purchase, and cook a meal for your family for under £5. How low can you go?



DIY PLAYDOUGH

Make your own playdough with ingredients you have at home. Find out how here:

<https://tinyurl.com/CUplaydough>

SUMMER SKETCHES

Draw your favourite summer memories in a sketch journal. At the end of the summer holidays, look back on all the fun times you had.

SHAKE IT UP

See how many words you can make with the phrase:

SWEET SUMMERTIME

RECYCLED HERB GARDEN

Use recycled containers and a sunny window to plant and grow your own herbs. Try using them in a recipe once they have grown!

PAPER AIRPLANES

Craft paper airplanes using three different designs. Measure which design flies the furthest.

BALLOON FIESTA

Count how many hot air balloons you see in the sky during the Bristol International Balloon Fiesta from 11-14 August.

PEACE PLACE

Create a peaceful and calming place in your home where you can go to relax, do yoga, or practice mindfulness.



CITY FARM

Grimsbury Farm, Windmill Hill City Farm, and many more great farms are in our area for your visit. Learn about what they do at the farm.

MAKE SOME NOISE

Make your own musical instruments at home. Follow the instructions here:

<https://tinyurl.com/CUmusicinstruments>

For more great ideas to get stuck into, visit childrensuniversity.co.uk

